

Risk
50 points

Share with another player in your group why you are grateful for them. Make sure everyone participates and is included.



Sketch It
20 points

What is something that you are grateful for that tastes amazingly delicious? Sketch It



ACT IT OUT	TRUE OR FALSE	SKETCH IT	IMAGINE IF	RISK
10	10	10	10	10
20	20	20	20	20
30	30	30	30	30
40	40	40	40	40
50	50	50	50	50

I love Fred Rogers' quote that, "for children, play is serious learning." As the research says, creative play really is the language of childhood. No matter the topic covered, I have found that as long as the lesson involves a bit of art, role-playing, games, and some freedom of movement, students are engaged. In this lesson & Jeopardy®-inspired game, students get to answer through acting, drawing, imagining, and problem solving as a team. I hope that your students enjoy this activity, having serious fun learning, practicing gratitude.

True or False
40 points

Practicing gratitude reduces stress and helps you have a positive, optimistic, and hopeful perspective.



Act It Out
30 points

What calming activity (or coping skill) that helps you out when you are feeling stressed are you most grateful for? Act It Out



Imagine If
10 points

Imagine if you could tell a character in a book or movie why you were grateful for them, what character would it be and what would you tell them?

