



ACT IT OUT	TRUE OR FALSE	SKETCH IT	IMAGINE IF	RISK
<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>
<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>
<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>
<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>
<u>50</u>	<u>50</u>	<u>50</u>	<u>50</u>	<u>50</u>

As the research says, creative play really is the language of childhood. No matter the topic covered, I have found that as long as the lesson involves a bit of art, role-playing, games, and some freedom of movement, students are engaged. In this Quiz Show style game, players answer through acting, drawing, imagining, taking risks, and problem solving as a team.

I hope that your students enjoy this activity, having serious fun learning!



# BONUS ACTIVITIES INCLUDED!

## 25 TASK CARDS

### ACT IT OUT TASK CARDS

**Act It Out** (10 points)  
Act out what you would say to someone who makes fun of you, calling you "weird".

**Act It Out** (10 points)  
Act out telling an adult that someone is bullying you, and practice asking for help.

**Act It Out** (10 points)  
Act out standing hunched over with eyes towards the ground. Now act out standing tall, shoulders back, making eye contact with a person next to you. Which posture do you feel more strength & confidence?

**Act It Out** (10 points)  
Act out doing something that you enjoy doing: something that makes you special, unique, and YOU.

### TRUE or FALSE TASK CARDS

**True or False** (10 points)  
When Luisa tries to change when she is getting in trouble, she gets in trouble. (True or False?)

**True or False** (10 points)  
The more Luisa acts like she is confident, the easier it gets.

**True or False** (10 points)  
All people have the right to feel safe and be respected.

**True or False** (10 points)  
If you are a target of bullying, it is your fault.

### SKETCH IT TASK CARDS

**Sketch It** (10 points)  
Draw how Luisa feels before she asks her mom for help.

**Sketch It** (10 points)  
Draw how Luisa feels after she asks her mom for help.

**Sketch It** (10 points)  
Draw something positive about you.

**Sketch It** (10 points)  
Draw how you would make you special, unique, and YOU.

### IMAGINE IF TASK CARDS

**Imagine If** (10 points)  
Imagine if you were a character in the book, which one would you be like and why?

**Imagine If** (10 points)  
Imagine if you saw a classmate being bullied by another student, what would you do?

**Imagine If** (10 points)  
Imagine if someone was verbally bullying you, what positive self-talk could you tell yourself?

**Imagine If** (10 points)  
Imagine if you were a character in the book, which one would you be like and why?

### RISK TASK CARDS

**Risk** (10 points)  
What does it mean to act with confidence?

**Risk** (10 points)  
When Sam makes fun of Luisa's posture and how she acts, Sam tells herself, "Guess I'm confident. Guess I'll act better." What positive, confident thought could Luisa have told herself instead?

**Risk** (10 points)  
When Sam calls Luisa "weird" when she tells a funny joke, Luisa tells herself, "Guess I'll act better." What positive, confident thought could Luisa have told herself instead?

**Risk** (10 points)  
Write a kind message to the person just to the left of you. Then give it to them. (Make sure everyone is included!)

# PREVIEW!

## 4 SKETCH IT Worksheets

In the book "Weird" Luisa's awesome, wonderful, and unique identity is represented by polka dots. If you had to pick a symbol that represents your awesome, wonderful, and unique identity, what would that symbol be? (Draw it!)

For what helps you to feel calm, grounded, and safe? SKETCH IT

Draw something positive about you

Presenting WONDERFUL ME!

Draw how Luisa feels before she asks her mom for help.

Draw how Luisa feels after she asks her mom for help.

Name \_\_\_\_\_

## 5 IMAGINE IF Worksheets

Imagine if someone called you weird and laughed at you repeatedly, what would you do? Write and draw your response.

someone was bullying you or a friend, who are 3 people you could turn to for help?

My Safe People Plan

Imagine if you were one of the characters in the book, which one are you most like and why?

Imagine if you saw a classmate being bullied by another student, what would you do?

In the book WEIRD, Luisa figures out the more she acted confident and used positive self-talk, the more she really felt confident and believed in herself. Imagine that you found yourself doubting your right to feel safe and be you. What are 3 positive self-talk messages, or positive affirmations, you can tell yourself to remind you that you are worthy of belonging and wonderful just as you are.

My Positive Affirmation Messages to Me

Name \_\_\_\_\_