


























FEELINGS BINGO!



WORRIED 	SHAME 	CONTENT 	FURIOUS 	SILLY 
LONELY 	PROUD 	HOPEFUL 	TIRED 	EMBARRASSED 
GRUMPY 	JOY 	FREE SPACE 	OVERWHELMED 	WORRIED 
DISAPPOINTED 	SILLY 	CURIOUS 	NUMB 	AMUSED 
SHY 	OFFENDED 	ENVIOUS 	GUILTY 	SURPRISED 

GOOGLE SLIDES™ & PRINT

30 BINGO BOARDS DIGITAL OR PRINT!

FEELINGS BINGO!

ANNOYED	CONFUSED	HOPEFUL	PROUD	GUILTY
DISAPPOINTED	OVERWHELMED	UNCERTAIN	CALM	SILLY
CURIOUS	LOVED	FREE SPACE	EMBARRASSED	AMUSED
SAD	ANGRY	FRUSTRATED	WORRIED	JEALOUS
DETERMINED	NUMB	CONFIDENT	DISGUSTED	DISCOURAGED

Name: _____

WholeHearted School Counseling

FEELINGS BINGO!

CALM	SHY	ANGRY	CONFUSED	LONELY
ANNOYED	LOVED	EMBARRASSED	TIRED	DISAPPOINTED
GRUMPY	JEALOUS	FREE SPACE	HAPPY	EXCITED
BORED	HOPEFUL	DISCOURAGED	DISGUSTED	BRAVE
NUMB	OVERWHELMED	FRUSTRATED	SILLY	DETERMINED

Name: _____

WholeHearted School Counseling

FEELINGS BINGO!

SILLY	LOVED	HAPPY	SCARED	CURIOUS
CALM	PROUD	TIRED	JEALOUS	DISCOURAGED
SHY	ANNOYED	FREE SPACE	EMBARRASSED	UNCERTAIN
DETERMINED	SURPRISED	BRAVE	SHAME	FURIOUS
DISGUSTED	AMUSED	JOY	SAD	LONELY

Name: _____

WholeHearted School Counseling

FEELINGS BINGO!

WORRIED	SHAME	CONTENT	FURIOUS	SILLY
LONELY	PROUD	HOPEFUL	TIRED	EMBARRASSED
GRUMPY	JOY	FREE SPACE	OVERWHELMED	WORRIED
DISAPPOINTED	SILLY	CURIOUS	NUMB	AMUSED
SHY	OFFENDED	ENVIIOUS	GUILTY	SURPRISED

Name: _____

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USE DIGITAL SPINNER OR CALLING CARDS



TIRED
Needing rest or sleep. Low and slow energy in your body.

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DISCOURAGED
Losing confidence or enthusiasm for doing something; feeling like you might give up.

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OVERWHELMED
Overcome with pressure and stress from having to deal with too many things at once.

WholeHearted School Counseling



SILLY
Being in a playful, funny, or goofy mood.

WholeHearted School Counseling



FURIOUS
Strong, explosive anger; livid, enraged, irate, or incensed.

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SCARED
Frightened, alarmed, or afraid of a perceived danger.

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EASY TO PLAY ON GOOGLE SLIDES™!

...GREAT FOR
REMOTE LEARNING!

The screenshot shows a Google Slides presentation titled "Copy of * The Feelings Bingo Game by WholeHearted School Counseling". The interface includes a menu bar (File, Edit, View, Insert, Format, Slide, Arrange, Tools, Add-ons, Help) and a toolbar with various editing tools. The main slide is a teal-colored bingo game. On the left, there are four numbered slides (8, 9, 10, 11, 12) showing different bingo cards. The main slide features a large teal circle in the center with the text "FEELINGS BINGO!" and "Name: _____". To the right of the circle is a 5x5 grid of 25 cartoon characters, each with a label above them: WORRIED, SHAME, CONTENT, FURIOUS, SILLY, LONELY, PROUD, HOPEFUL, TIRED, EMBARRASSED, GRUMPY, JOY, FREE SPACE, OVERWHELMED, WORRIED, DISAPPOINTED, SILLY, CURIOUS, NUMB, AMUSED, SHY, OFFENDED, ENVIOUS, GUILTY, SURPRISED. A text box on the left of the grid says "Move these ROUND CHIPS to cover the feelings that get called." with an arrow pointing to a large teal circle. The bottom of the slide has a "Click to add speaker notes" button.