



SET #1  
Patterned  
Background





SET #2:  
*Solid*  
*Background*





your  
**BRAVERY**  
is stronger  
than your  
fear

you are  
creative

mistakes  
help you to  
**LEARN**  
&  
**GROW**

you are  
**AWESOME**

listen  
to your  
**HEART**

you are  
**SEEN**

you are worthy of  
**RESPECT**

choose  
**COMPASSION**  
towards others  
AND yourself

you are  
**BEAUTIFUL**  
inside & out

you can  
do tough  
things

**TRUST**  
yourself

-OR-  
**MIX & MATCH!**