

**RISK**  
10 POINTS

If a person was standing up to peer pressure, what would be the most effective way to literally "stand"? Show us!

**TRUE OR FALSE**  
50 POINTS

Dealing with peer pressure can help me to define what I value, figure out what is important to me, and even help me understand myself better.

ACT IT OUT	TRUE OR FALSE	SKETCH IT	IMAGINE IF	RISK
<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>
<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>
<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>
<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>
<u>50</u>	<u>50</u>	<u>50</u>	<u>50</u>	<u>50</u>

As the research says, creative play really is the language of childhood. No matter the topic covered, I have found that as long as the lesson involves a bit of art, role-playing, games, and some freedom of movement, students are engaged. In this lesson & Quiz Show style game, students get to answer through acting, drawing, imagining, and problem solving as a team. I hope that your students enjoy this activity, having serious fun learning!

**IMAGINE IF**  
30 POINTS

Imagine if you are at the mall with your friends and they pressure you to shoplift. What would you do?

**ACT IT OUT**  
20 POINTS

You are at the park with your friends. They dare you to climb to the very top of the play structure and jump down. The distance looks a bit too risky and you think you could get hurt. When they notice you hesitating, they start to tease you. What **Standing Up** Peer Pressure TIP could you use to set boundaries with them? Act It Out

**SKETCH IT**  
50 POINTS

Sometimes we may feel tempted to give into peer pressure to "fit in and be like everyone else." What is something about you that makes YOU unique and stand out of the crowd? Draw that something that makes you different and proud of it!

# BONUS ACTIVITIES INCLUDED!

## 25 TASK CARDS

### ACT IT OUT TASK CARDS



### SKETCH IT TASK CARDS



### RISK TASK CARDS



### TRUE OR FALSE TASK CARDS



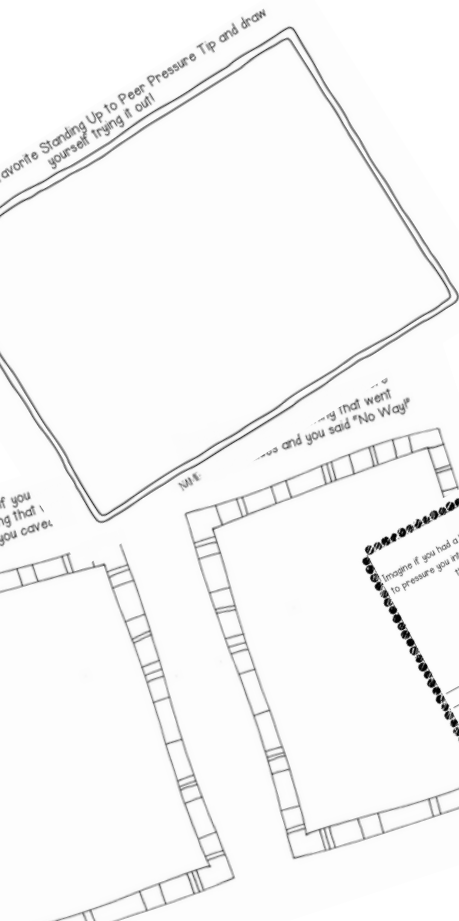
### IMAGINE IF TASK CARDS



# Preview

## SKETCH IT & IMAGINE IF

## Worksheets & TIPS TO STAND UP TO PEER PRESSURE



### STAND UP TO PEER PRESSURE TIPS

- Just Say NO, NOPE, or NAH
- LEAVE the scene and say "See you later"
- MAKE UP AN EXCUSE like "Yikes, I just remember to do something, talk to, be at such and Gotta run!"
- USE HUMOR like "If my parents ever found me in my room for like thirty years and only raw broccoli and stale toast."
- CHANGE THE SUBJECT like "Oh, her you about.....!"
- SUGGEST A BETTER IDEA instead!

AND REMEMBER TO GUIDING VOICE THAT REMAINS CARE OF VALUABLE.

Imagine if you are at the mall with one of your friends and they pressure you to shoplift. What would you do? Why?

Name: \_\_\_\_\_

Imagine if your friend pressured you to try a cigarette. How would you respond? What would you say?

Imagine if your friend dared you to play a prank, one of your favorite. How would you respond? What would you say?

Name: \_\_\_\_\_

By: \_\_\_\_\_