



# RULES & EXPECTATIONS

for your trauma-sensitive classroom



You please pass the markers?  
Sure! Thank you for sharing the markers!

We say "please" and "thank you."

We ask for help when we need it.

# IN OUR CLASS

community-building expectations & rules

We are respectful, honest, and kind.

We raise our hand.

We help one another.

We share and take turns.

We respect each other's personal space.

We work hard and try our best.

We listen when someone is talking.

We have the right to feel safe.

We resolve conflicts peacefully.

Wow! Your painting looks amazing!

We look for the good in others and ourselves.

We all belong and matter.

We are a team and cheer each other on.

We are cared for.

We take slow, deep breaths to feel calm.

We follow directions.

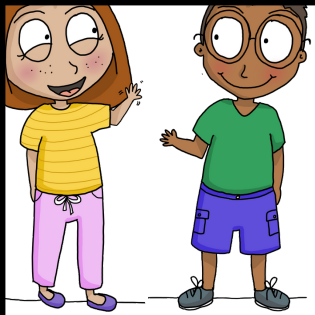
We are responsible.

We are creative and have fun learning.

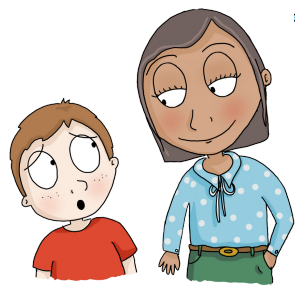
Whoops! Let me try this again.

We make mistakes and learn from them.

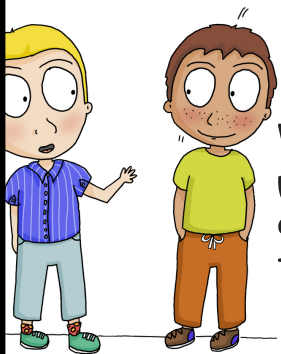




We are respectful, honest & kind.



We ask for help when we need it.



We listen when someone is talking..



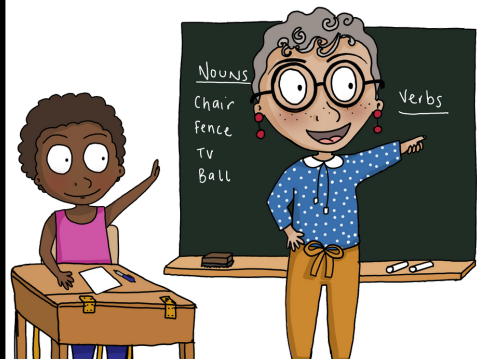
We look for the good in others and ourselves.



We are a team and cheer each other on.



We are responsible.



We raise our hand.



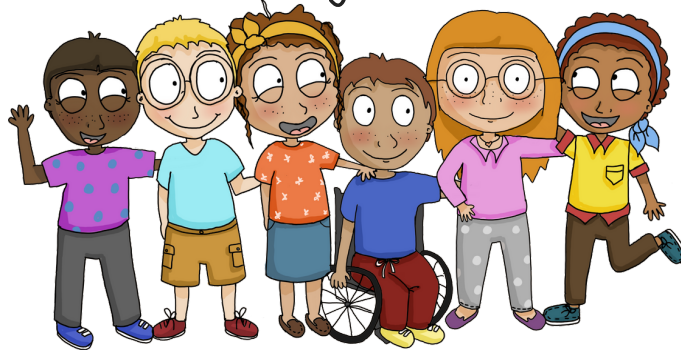
We follow directions.



We have the right to feel safe.

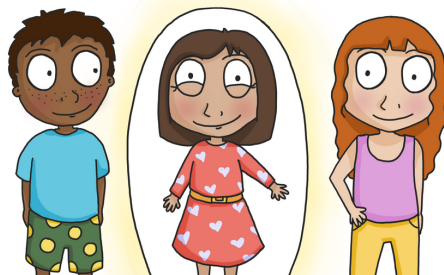
# OUR CLASSROOM RULES

We all belong and matter.

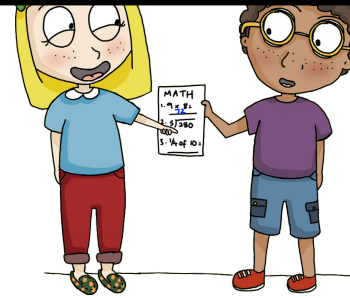
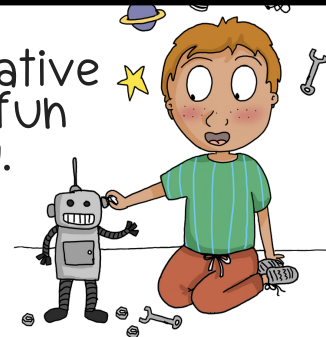


We help one another.

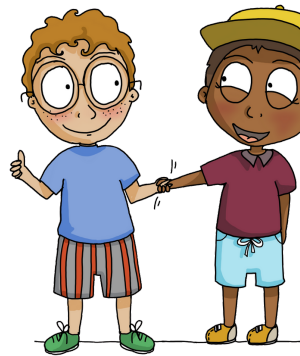
We respect each other's personal space.



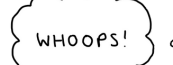
We are creative and have fun learning.



We work hard and try our best.



We resolve conflicts peacefully.



We make mistakes and learn from them.



We are cared for.



We say "please" and "thank you."



We take slow deep breaths to feel calm.



includes posters, rule cards & banners



Each situation below represents one of our classroom expectations. Find each match and connect them with a line.

Name: \_\_\_\_\_

- Even though Ben was excited to tell Max what he did over the weekend, he didn't interrupt Max while he was talking.
- When Maria felt mad after Nick called her a mean name, she took 10 breaths before deciding what to do.
- When the teacher told the class to get in line, Diego followed her instructions.
- Sam and Taylor did "Rock-Paper-Scissors" to see who would decide what to play during recess.
- Brianna told James, "Good job!" after he presented in class.
- Leo kept his hands and feet to himself during circle time.
- During small group, Liz showed Brandon what to do next for the math problem.
- Marley, Sofia and Rowan are excited to work on their art project.
- Ms. Martinez greets everyone.



We respect each other's personal space.



We are a team and cheer each other on.



We help one another.



We take slow, deep breaths to feel calm.



We listen when someone is talking.



We make mistakes and learn from them.



We follow directions.



We are cared for.

I can help someone when...



When I help others, I feel:

CIRCLE YOUR ANSWER

Name: \_\_\_\_\_

I feel cared for when...



worksheets & writing prompts, too!

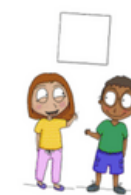
CLASSROOM EXPECTATIONS HELP US TO STAY SAFE, LEARN, GET ALONG WITH OTHERS, AND FEEL GOOD. FOR EACH MISTAKE BELOW, CHOOSE THE RULE THAT WILL BEST HELP MAKE REPAIRS.

SHOW YOUR ANSWER BY CHECKING THE APPROPRIATE BOX

1. Kayla made fun of Julian's drawing.



We share and take turns.



We are respectful, honest & kind.



We are creative and have fun learning.



We resolve conflicts peacefully.

3. Amy felt too embarrassed to tell her teacher that she did not understand the directions.



We ask for help when we need it.



We respect each other's personal space.

4. Alex talked while the teacher was talking.



We work hard and try our best.



We raise our hand.

5. Xavier bragged to Taylor that he was still better at soccer than her after she scored a goal during recess.



We say "please" and "thank you."



We are a team and...

6. Chris got the answer wrong and instead of trying again, gave up.

