

2 Truths & a Lie
About What Is
a Challenge for
You



Would You Rather

run for student
council or try out
for a sports team?

TOP 3
Ways to Deal
With Stress



180 Color Coded Self-Esteem & Empowerment Task Cards


True or False

You listen to your
intuition and
trust yourself.



Get Ready

Do you ever feel
like you have to
act a certain way
because you are a
girl? If so, when
and how?




True or False

You should
never be
up and
accept you for
you.




What If

cell phones didn't
exist, how would
your life be
different?




Would You Rather

read a book or
be online?



2 Truths & a Lie

About Standing Up
For Yourself



Use **Stand Alone** or
with Your Favorite
Store-Bought Games
like **UNO®**, **Don't
Break the Ice®**, and
Connect 4®



